

Study On The Influence Of Basic Technical Elements Used In The Modern Game Of Football

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Abstract

A social phenomenon and international superstructure is the game of football that forces all participants, respectively all club teams or national schools to compete on equal terms, regardless of geographical area, political systems, religion, color or race, demonstrating that football is international in its specific content. The origins of football go back over 2000 years. In 2004, FIFA recognized China as the birthplace of football. Around 200 BC the Chinese played a similar sport called cuju, the rules evolved, reaching the sport practiced today.

Introduction

Football is a team sport played between two teams consisting of 11 players each.

They play with the ball, on a rectangular field, covered with grass, with a gate at each end. (Teodorescu L, Predescu et al, 1993)

The goal of the game is to insert the ball into the opponent's goal, that is, to score more goals than him, taking into account the rules of the game. Apart from the goalkeeper, other players cannot use their hands to handle the ball, the winner being the one who scores more goals. (Cârstea Gh.,1993)

The origins of football go back over 2000 years. In 2004, FIFA recognized China as the birthplace of football. Around 200 BC the Chinese played a similar sport called cuju, the rules evolved, reaching the sport practiced today. (Colibaba E.1998)

A social phenomenon and international superstructure is the game of football that forces all participants, respectively all club teams or national schools to compete on equal terms, regardless of geographical area, political systems, religion, color or race, demonstrating that football is international in its specific content. (Demian ,1995)

The organization of the game is a notion that includes principles, rules and measures, which establish the content of the activity done by players and a team in the playing field. Today's football ushers in a new dimension of depth of play that coordinate and sums up the simultaneous interactions of players at all times of the game. (Cărăbaș Ionică ,2012)

Looking at the performance of players on the field, we notice a complicated relational system, which requires the capacity for collective self-management and an understanding of the over organized character of the game.

The problem of organization encompasses the fundamental components that concern the team, namely the group, the couple and the individual. (Nicu A.,1993; Stanculescu V.,1999)

The attack is one of the fundamental moments of the game on whose success depends the victory of the team. The attack is the fundamental moment of the game, in which the team in possession of the ball, by carrying out specific individual and collective actions, tries to achieve the goal of the game, namely scoring goals in the opponent's goal. (Motroc I,1994)

The basic elements through which the organization of the attack is carried out constitute the basis of the attack technique.

In today's football, great importance is attached to the organization of the game in midfield. The central area is called the "team lab".

Preserving the ball in midfield is a major problem:

- losing the ball prematurely is a tactical error of the first magnitude;

- One more pass must always be taken than one less pass (except for the completion phase)

The optimal number of phases for breaking through a defense is between 5 and 8. This ensures that conditions for ball security are created around the ball carrier through support and support. (Ionescu I.V.,1995)

Good ball circulation depends on:

- the position of teammates involving organization;
- the position of opponents, which implies adaptation.

The first factor relates to elementary communication and organization recipes, components of specific general tactics, both dependent on the team's game system.

The team's system of play by occupying the court is the referential framework of ball movement. Some players act directly in the center of the phase and others indirectly.

In a positive (offensive) sense, anticipating the evolution of the game situation and the continuation of the proposed tactical chain, and in a negative (defensive) sense, ensuring permanent defensive balance. Preserving the ball is the safest way to defend, the opponent cannot play, can not score if deprived of the ball. (Ionescu I.V.,1999)

The construction of the game in the middle phase must be characterized by: simplicity, safety, speed of execution and reduction of risky executions. Concern for the fast and rational movement of the ball and players, for increasing the speed of play in general, causing a reduction in takeovers, unnecessary turns, excessive driving and dribbling without tactical purpose.

The synchronization of teammates' actions and intentions, responsibility for the phases carried out in this field area leads to increased team homogeneity. (Ionescu I.V.,2007)

The evolution of the game has led to continuous accumulations and changes in the performance of midfielders. From the old and well-known kick-and-run to the technique of the present, there have been spectacular leaps in the technical, tactical and psycho-physical expression of the player in midfield.

The midfield requires in today's football complete players, who have a rich technical-tactical experience and an impeccable physical condition, who can effectively manifest themselves in the midfield area thus serving the interests of the team. (Nicu A.,1993; Stanculescu V.,1999)

Due to the increasingly complex and fluid nature of the game in the middle area, very important is the technical ability and quick and rational adaptation to concrete game situations. Knowledge and adaptation to playing situations and the ability to combine play a decisive role

in the midfielder's performances. This is primarily a problem of endowment, but also of spatial and temporary perception, spontaneous and efficient analysis.

The midfielder is a complex footballer who makes quick and effective decisions to make the transition to action accessible.

As a result of functional versatility and interaction with teammates, the midfielder can and must tactically orient the game.

The midfielder tends to become an elite player, a sports personality who achieves and capitalizes on the team and in its interest. (Ionescu I.V.,2007)

The midfielder of the future is characterized by:

- quick decisions in uncertain situations;
- firmness of dispossessions;
- effective dubbing;
- anticipatory attitude;
- mobility and speed;
- excellent technique;
- quick folding;
- correct placement;
- quick intercalation on the offensive;
- skills for carrying out individual actions. (Ionescu I.V.,2007)

Methods and materials

For each match, an observation sheet was drawn up, for each player, in terms of technical and tactical achievements, and in these were used the following indicators: takeovers, transmitting / passing the ball; crossings; completions; overtaking by dribbling; recoveries by dispossession/interception; Aerial game.

Comparison of two coordinating midfielders, from different countries, in official games regarding the execution of the following technical-tactical elements: passes, takeovers, crosses, finishes, overtaking by dribbling, rebounds by tackling/interception and hitting the ball with the head;

Observing the efficiency of successful executions of each player;

Observing the erroneous executions of each player;

Differentiation of the two players according to the total number of technical-tactical actions;

Establishing the technical profile of the midfielder regarding the individual and collective coordination of the attack.

Study Subjects

FLORIN TĂNASE

He has been playing as a FCSB player since 2016, as a coordinating midfielder and striker, component of the Romanian national team.

He was born in Gaesti, Romania, on 30.12.1994, is 26 years old, 1.85 m tall.

FRENKIE DE JONG

He has been playing as a player for F.C. BARCELONA since 2019, as a coordinating midfielder and is a member of the Dutch national team.

He was born in Arkel, Netherlands, on 12.05.1997, is 1.80 m tall.

The duration of the study was 4 months between 02.11.2020 - 21.02.2021.

The number of games in which FLORIN TĂNASE was observed was 10 matches in Liga I - Romania, competitive season 2020-2021, namely:

1. Chindia Targoviste 0-2 FCSB (02.11.2020)
2. FCSB 4-1 F.C. Botoșani (07.11.2020)
3. Gaz Metan Medias 2-3 FCSB (23.11.2020)
4. FCSB 3-0 UTA Arad (05.12.2020)
5. Univ. Craiova 0-2 FCSB (18.12.2020)

6. FCSB 3-0 Astra (15.01.2021)

7. Viitorul Constanta 2-2 FCSB (19.01.2021)

The number of games in which FRENKIE DE JONG was observed was 9 matches in La Liga Spain, competitive season 2020-2021 namely:

1. Huesca 0-1 F.C. Barcelona (03.01.2021)

2. Athletic Bilbao 2-3 F.C. Barcelona (06.01.2021)

3. Granada 0-4 F.C. Barcelona (09.01.2021)

4. Elche 0-2 F.C. Barcelona (24.01.2021)

5. F.C. Barcelona 2-1 Athletic Bilbao (31.01.2021)

6. Betis 2-3 F.C. Barcelona (07.02.2021)

7. F.C. Barcelona 5-1 Alaves (13.02.2021)

Observation Sheets

For each match, an observation sheet was drawn up, for each player, in terms of technical and tactical achievements, and in these were used the following indicators:

- Downloads;
- transmitting/passing the ball;
- crossings;
- completions;
- overtaking by dribbling;
- recoveries by dispossession/interception;
- aerial game (hitting the ball with the head).

The calculation formula for finding out the percentage of success is the simple method of three:

Total executions x No. of successful executions

100 X

X= 100 x No. of successful executions

Total executions

X = successful executions expressed as a percentage

$33 \frac{27}{2700} = 81.8x = 81.8\%$

100 X 33

Results and discussion

The effectiveness of technical and tactical actions is determined by the creative thinking ability of players, the higher level of development of motor qualities, the degree of appropriation, automation, mastery of the executed elements.

Observation Sheet No. 1

Match no. 1 **Chindia Târgoviște 0-2 FCSB**

Romanian Championship, Liga I, game played on 02.11.2020

Observed player: FLORIN TĂNASE

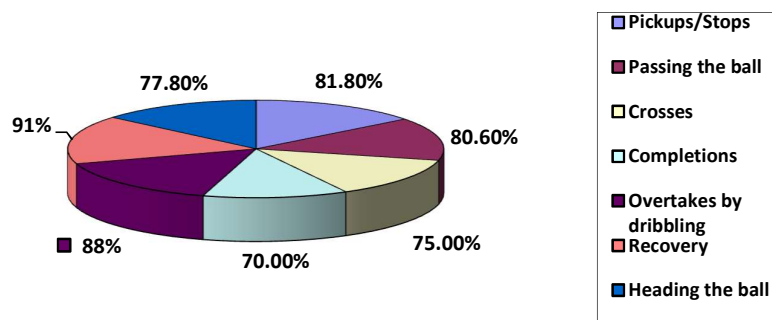
Table 1

Experimental match data from observation sheet 1

Items Technical	No. of executions First Half		No. of executions Second Half		No. of executions at Final		Total Executions	Executions Successful expressed in %
	Successful	Wrong	Successful	Wrong	Successful	Wrong		
Pickups, stops	12	2	15	4	27	6	33	81,8%
Pass	Short	16	3	11	2	27	5	32 80,6%
	Environments	7	1	8	3	15	4	
	Elongate	5	3	3	0	8	3	
Crossings	2	1	1	0	3	1	4	75%
Completions	3	1	4	2	7	3	10	70%
Overshootings by Drinling	4	1	3	0	7	1	8	87,5%
Recoveries/ Interception	6	1	4	0	10	1	11	91%
Hitting the ball with your head	9	3	5	1	14	4	18	77,8%

Figure 1

Graphical representation of successes expressed in percentages %%-observation sheet1



Observation Sheet No . 2

Match No. 2 FCSB 4-1 F.C. Botoșani

Romanian Championship, Liga I, game played on 07.11.2020

Observed player: FLORIN TĂNASE

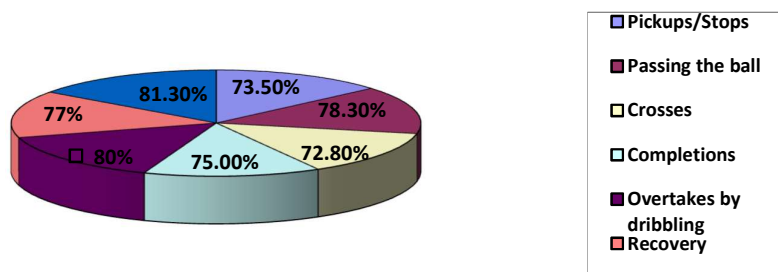
Table 2

Experimental match data from observation sheet 2

Items Technical	No. of executions First Half		No. of executions Second Half		No. of executions at Final		Total Executions	Executions Successful expressed in %
	Successful	Wrong	Successful	Wrong	Successful	Wrong		
Pickups, stops	14	15	22	8	36	23	49	73,5%
Pass	Short	11	3	15	4	26	7	78,3%
	Environments	8	2	6	1	14	3	
	Elongate	3	2	4	1	7	3	
Crossings	5	2	3	1	8	3	11	72,8%
Completions	4	1	2	1	6	2	8	75%
Overshootings by Drinling	3	0	5	2	8	2	10	80%
Recoveries/ Interception	6	2	4	1	10	3	13	76,9%
Hitting the ball with your head	8	2	5	1	13	3	16	81,3%

Figure 2

Graphical representation of successes expressed in percentage % - observation sheet

**Observation Sheet No. 3**

Match No. 3 Gaz Metan Medias 2-3 FCSB

Romanian Championship, Liga I, game played on 23.11.2020

Observed player: FLORIN TĂNASE

Table 3

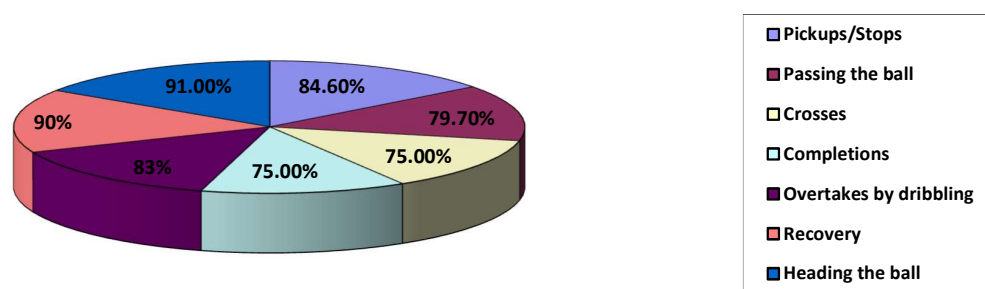
Experimental match data from observation sheet 3

Items Technical	No. of executions First Half		No. of executions Second Half		No. of executions at Final		Total Executio ns	Executio ns Successf ul expresse d in %
	Successf ul	Wron g	Successf ul	Wron g	Successf ul	Wron g		
Pickups, stops	13	3	20	3	33	6	39	84,6%
Pas s	Short	14	3	10	4	24	7	79,7%
	Environme nts	5	1	8	0	13	1	
	Elongate	6	3	4	1	10	4	
Crossings	2	0	5	1	7	1	8	75%
Completions	3	0	4	1	7	1	8	75%

Overshootings by Drinling	2	0	3	1	5	1	6	83,4%
Recoveries/ Interception	3	1	6	0	9	1	10	90%
Hitting the ball with your head	7	0	3	1	10	1	11	91%

Figure 3

Graphical representation of successes expressed in percentage %-observation sheet 3



Observation Sheet No . 4

Match No. 4 FCSB 3-0 UTA Arad

Romanian Championship, Liga I, game played on 05.12.2020

Observed player: FLORIN TĂNASE

Table 4

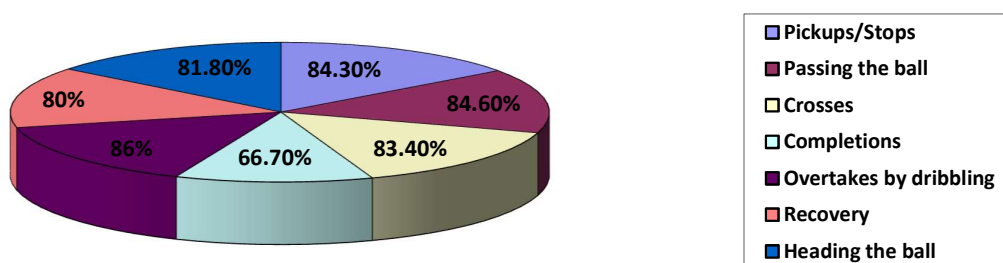
Experimental match data from observation sheet 4

Items Technical	No. of executions First Half		No. of executions Second Half		No. of executions at Final		Total Executions	Executions Successful expressed in %
	Successful	Wrong	Successful	Wrong	Successful	Wrong		
Pickups, stops	15	2	12	3	27	5	32	84,3%
Pass	Short	12	1	9	3	21	4	84,6%
	Environments	7	3	6	2	13	5	

	Elongate	3	2	4	0	7	2	9	
	Crossings	2	0	3	1	5	1	6	83,4%
	Completions	1	0	3	2	4	2	6	66,7%
	Overshootings by Drinling	4	1	2	0	6	1	7	85,7%
	Recoveries/ Interception	5	1	3	1	8	2	10	80%
	Hitting the ball with your head	6	0	3	2	9	2	11	81,8%

Figure 4

Graphical representation of successes expressed in percentage % - observation sheet 4



Observation Sheet No . 5

Match No. 5 Univ. Craiova 0-2 FCSB

Romanian Championship, Liga I, game played on 18.12.2020

Observed player: FLORIN TĂNASE

Table 5

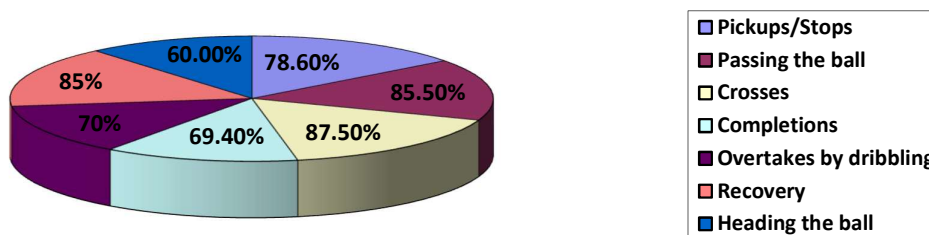
Experimental match data from observation sheet 5

Items Technical	No. of executions First Half		No. of executions Second Half		No. of executions at Final		Total Executions	Executions Successful expressed in %
	Successful	Wrong	Successful	Wrong	Successful	Wrong		
Pickups, stops	18	3	15	6	33	9	42	78,6%

Pass	Short	11	4	13	2	24	6	30	85,5%
	Environments	3	2	4	0	7	2	9	
	Elongate	6	2	5	3	11	5	16	
Crossings		3	0	4	1	7	1	8	87,5%
Completions		4	0	5	4	9	4	13	69,4%
Overshootings by Drinling		4	2	3	1	7	3	10	70%
Recoveries/ Interception		5	0	6	2	11	2	13	84,6%
Hitting the ball with your head		4	3	5	3	9	6	15	60%

Figure 5

Graphical representation of successes expressed in percentage % - observation sheet 5



Observation Sheet No. 6

Match No. 6 FCSB 3-0 Astra

Romanian Championship, Liga I, game played on 15.01.2020

Observed player: FLORIN TĂNASE

Table 6

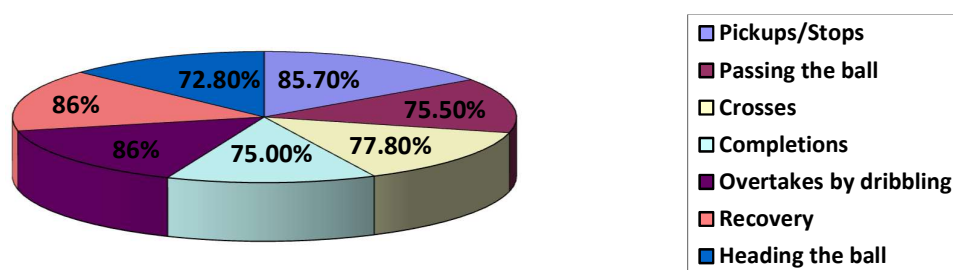
Experimental match data from observation sheet 6

Items	No. of executions	No. of executions	No. of executions	Total	Executions
Technical	First Half	Second Half	at Final	Executions	Successful expressed

	Successful	Wrong	Successful	Wrong	Successful	Wrong		in %
Pickups, stops	11	1	13	3	24	4	28	85,7%
Pass	Short	8	2	14	3	22	5	75,5%
	Environments	5	3	2	0	7	3	
	Elongate	6	4	8	2	14	6	
Crossings	3	2	4	0	7	2	9	77,8%
Completions	3	0	3	2	6	2	8	75%
Overshootings by Drinling	2	0	4	1	6	1	7	85,7%
Recoveries/ Interception	4	1	2	0	6	1	7	85,7%
Hitting the ball with your head	5	2	3	1	8	3	11	72,8%

Figure 6

Graphical representation of successes expressed in percentage %-observation sheet 6



Observation Sheet No . 7

Match No. 7 Viitorul Constanta 2-2 FCSB
Romanian Championship, Liga I, game played on 19.01.2020
Observed player: FLORIN TĂNASE

Table 7

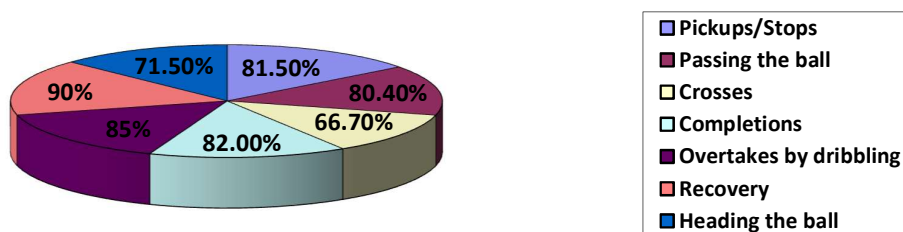
Experimental match data from observation sheet 7

Items	No. of executions	No. of executions	No. of executions	Total	Executions

Technical	First Half		Second Half		at Final		Executions	Successful expressed in %
	Successful	Wrong	Successful	Wrong	Successful	Wrong		
Pickups, stops	16	3	15	4	31	7	38	81,5%
Pass	Short	12	1	15	3	28	4	80,4%
	Environments	8	5	5	0	13	5	
	Elongate	3	2	6	1	9	3	
Crossings	4	0	3	2	7	2	9	66,7%
Completions	3	1	4	3	7	4	11	82%
Overshootings by Drinling	5	0	6	2	11	2	13	84,6%
Recoveries/ Interception	6	1	3	0	9	1	10	90%
Hitting the ball with your head	3	2	2	0	5	2	7	71,5%

Figure 7

Graphical representation of successes expressed in percentage % - observation sheet 7



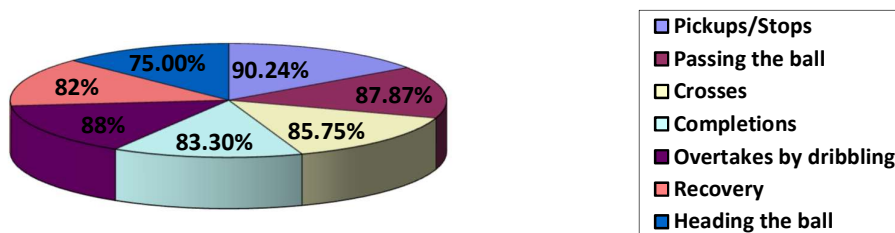
We will compare the two players according to the results obtained from the sheets and graphs made after calculating them.

Observation Sheet No . 8

Match No. 1 Huesca 0-1 F.C. Barcelona
 Spanish Championship, La Liga, game played on 03.01.2021
 Player observed: FRENKIE DE JONG

Table 8*Experimental match data from observation sheet 8*

Items Technical	No. of executions First Half		No. of executions Second Half		No. of executions at Final		Total Executions	Executions Successful expressed in %
	Successful	Wrong	Successful	Wrong	Successful	Wrong		
Pickups, stops	34	3	41	5	74	8	82	90,24%
Pass	Short	35	5	28	2	63	7	87,87%
	Environments	7	1	8	1	15	2	
	Elongate	7	3	2	0	9	3	
Crossings	4	1	2	0	6	1	7	85,75%
Completions	2	1	3	0	5	1	6	83,3%
Overshootings by Drinling	3	0	4	1	7	1	7	87,5%
Recoveries/ Interception	8	1	6	2	14	17	17	82,3%
Hitting the ball with your head	6	2	3	1	9	12	12	75%

Figure 8*Graphical representation of successes expressed in percentage %-observation sheet 8***Observation Sheet No . 9**

Match No. 2 Athletic Bilbao 2-3 F.C. Barcelona

Spanish Championship, La Liga, game played on 06.01.2021
 Player observed: FRENKIE DE JONG

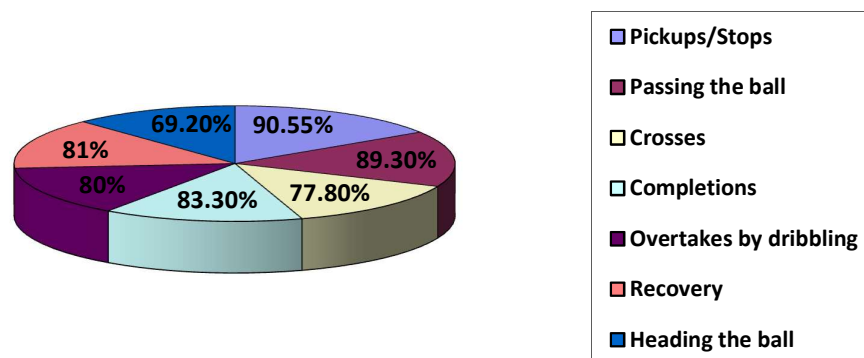
Table 9

Experimental match data from observation sheet 9

Items Technical		No. of executions First Half		No. of executions Second Half		No. of executions at Final		Total Executions	Executions Successful expressed in %
		Successful	Wrong	Successful	Wrong	Successful	Wrong		
Pickups, stops		36	4	31	3	67	7	74	90,55%
Pass	Short	31	4	40	3	71	7	78	89,3%
	Environments	6	1	7	1	13	2	15	
	Elongate	3	0	5	2	8	2	10	
Crossings		3	0	4	2	7	2	9	77,8%
Completions		2	0	3	1	5	1	6	83,3%
Overshootings by Drinling		3	0	5	2	8	2	10	80%
Recoveries/ Interception		8	1	9	3	17	4	21	80,96%
Hitting the ball with your head		5	2	4	2	9	4	13	69,2%

Figure 9

Graphical representation of successes expressed in percentage % - observation sheet 9



Observation Sheet No . 10

Match No. 3 Granada 0-4 F.C. Barcelona
 Spanish Championship, La Liga, game played on 09.01.2021
 Player observed: FRENKIE DE JONG

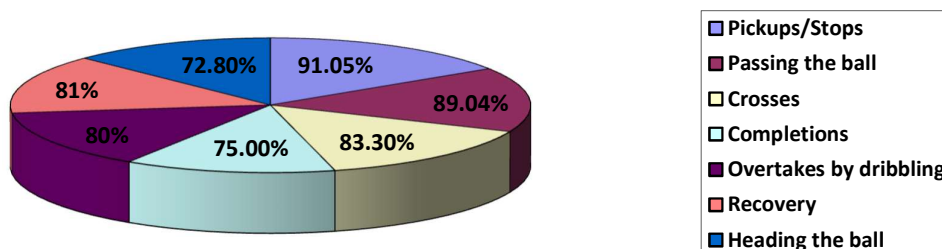
Table 10

Experimental match data from observation sheet 10

Items Technical		No. of executions First Half		No. of executions Second Half		No. of executions at Final		Total Executions	Executions Successful expressed in %
		Successful	Wrong	Successful	Wrong	Successful	Wrong		
Pickups, stops		32	2	29	4	61	6	67	91,05%
Pass	Short	28	6	37	1	65	7	72	89,04%
	Environments	15	2	11	0	26	2	28	
	Elongate	2	0	3	1	5	1	6	
Crossings		3	0	2	1	5	1	6	83,3%
Completions		2	0	1	1	3	1	4	75%
Overshootings by Drinling		6	2	2	0	8	2	10	80%
Recoveries/ Interception		8	1	5	2	13	3	16	81,25%
Hitting the ball with your head		5	2	3	1	8	3	11	72,8%

Figure 10

Graphical representation of successes expressed in percentage %-observation sheet 10



Observation Sheet No . 11

Match No. 4 Elche 0-2 F.C. Barcelona
 Spanish Championship, La Liga, game played on 24.01.2021
 Player observed: FRENKIE DE JONG

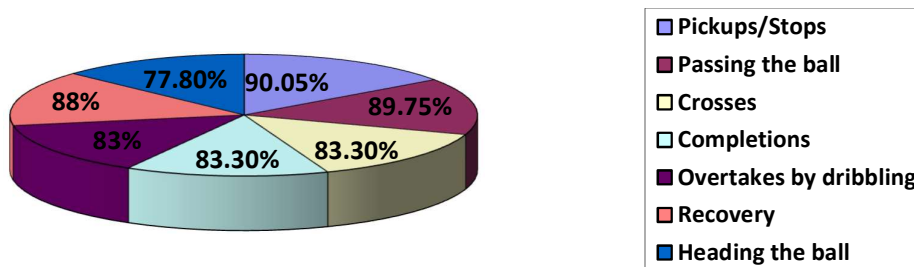
Table 11

Experimental match data from observation sheet 11

Items Technical		No. of executions First Half		No. of executions Second Half		No. of executions at Final		Total Executions	Executions Successful expressed in %
		Successful	Wrong	Successful	Wrong	Successful	Wrong		
Pickups, stops		21	2	27	3	48	5	53	90,05%
Pass	Short	29	3	21	2	50	5	55	89,75%
	Environments	8	1	5	0	13	1	14	
	Elongate	5	1	2	1	7	2	9	
Crossings		2	1	3	0	5	1	6	83,3%
Completions		4	1	1	0	5	1	6	83,3%
Overshootings by Drinling		3	0	2	1	5	1	6	83,3%
Recoveries/ Interception		6	0	8	2	14	2	16	87,5%
Hitting the ball with your head		5	2	2	0	7	2	9	77,8%

Figure 11

Graphical representation of successes expressed in percentage %-observation sheet 11

**Observation Sheet No . 12**

Match No. 5 F.C. Barcelona 2-1 Athletic Bilbao
 Spanish Championship, La Liga, game played on 31.01.2021
 Player observed: FRENKIE DE JONG

Table 12

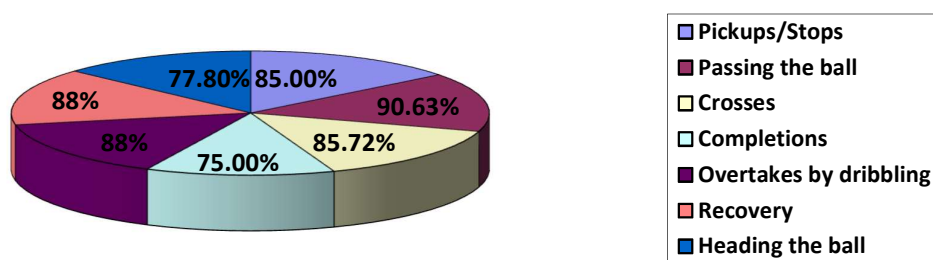
Experimental match data from observation sheet 12

Items	Technical	No. of executions		No. of executions		No. of executions		Total Executions	Executions Successful expressed in %
		First Half	Second Half	at Final	Wrong	Successful	Wrong		
		Successful	Wrong	Successful	Wrong	Successful	Wrong		
	Pickups, stops	26	2	25	7	51	9	60	85%
	Pass	Short	31	3	26	1	57	4	90,63%
		Environments	9	2	13	1	22	3	
		Elongate	3	0	6	2	9	2	
	Crossings	2	0	4	1	6	1	7	85,72%
	Completions	1	0	2	1	3	1	4	75%
	Overshootings by Drinling	4	1	3	0	7	1	8	87,5%
	Recoveries/	6	0	8	2	14	2	16	87,5%

Interception								
Hitting the ball with your head	3	2	5	3	8	5	13	77,8%

Figure 12

Graphical representation of successes expressed in percentage % - observation sheet 12



Observation Sheet No . 13

Match No. 6 Betis 2-3 F.C. Barcelona
 Spanish Championship, La Liga, game played on 07.02.2021
 Player observed: FRENKIE DE JONG

Table 13

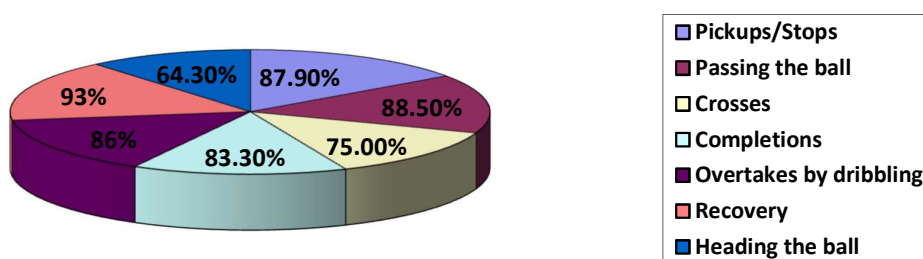
Experimental match data from observation sheet 13

Items	Technical	No. of executions		No. of executions		No. of executions		Total Executions	Executions Successful expressed in %
		First Half	Second Half	at Final	at Final				
		Successful	Wrong	Successful	Wrong	Successful	Wrong		
	Pickups, stops	23	2	35	6	58	8	66	87,9%
Pass	Short	29	2	25	4	54	6	60	88,5%
	Environments	9	1	8	2	17	3		
	Elongate	5	0	9	2	14	2		
	Crossings	4	1	5	2	9	3	12	75%
	Completions	3	0	2	1	5	1	6	83,3%

Overshootings by Drinling	4	0	2	1	6	1	7	85,72%
Recoveries/ Interception	5	0	8	1	13	1	14	92,8%
Hitting the ball with your head	6	3	3	2	9	5	14	64,3%

Figure 13

Graphical representation of successes expressed in percentage % - observation sheet 13



Observation Sheet No . 14

Match No. 7 F.C. Barcelona 5-1 Alaves
Spanish Championship, La Liga, game played on 13.02.2021
Player observed: FRENKIE DE JONG

Table no. 14

Experimental match data from observation sheet 14

Items	Technical	No. of executions		No. of executions		No. of executions		Total Executions	Executions Successful expressed in %
		First Half	Wrong	Second Half	Wrong	at Final	Wrong		
		Successful	Wrong	Successful	Wrong	Successful	Wrong		
	Pickups, stops	26	3	29	3	55	6	61	90,16%
Pass	Short	27	2	38	4	65	6	71	90,3%
	Environments	13	2	6	1	18	3	21	
	Elongate	7	1	3	0	10	1	11	
	Crossings	3	1	2	1	5	2	7	77,8%

Completions	2	0	4	1	6	1	7	85,72%
Overshootings by Drinling	3	1	4	2	7	3	10	70%
Recoveries/ Interception	6	1	8	2	14	3	17	82,2%
Hitting the ball with your head	5	2	8	3	13	5	18	72,3%

Figure 14

Graphical representation of successes expressed in percentage % - observation sheet 14

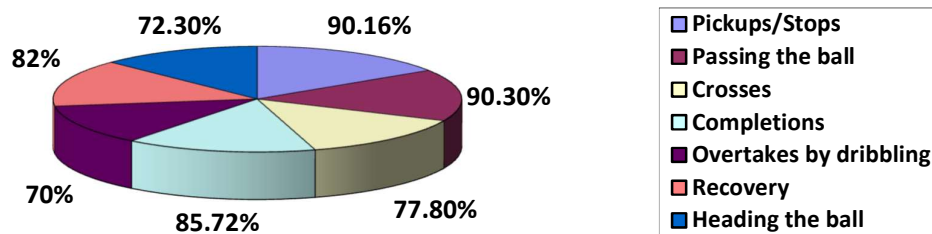
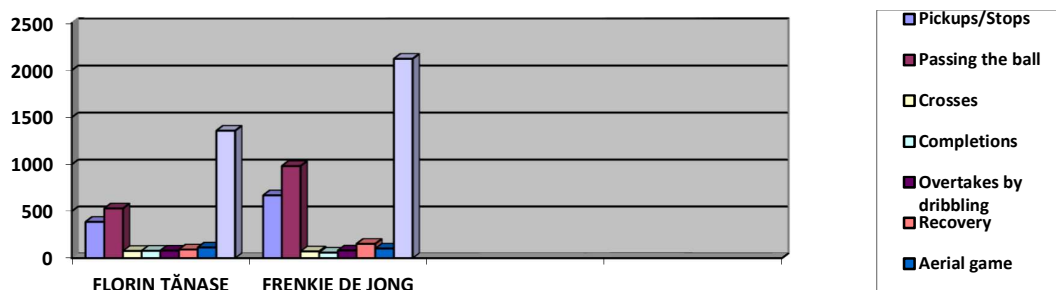


Figure 15

Graphical representation of successes expressed in percentages %--compared to the two players studied



A net superiority in favor of FRENKIE DE JONG, both in terms of technical and tactical achievement in the attack phase and in the specific plan of the defensive phase, through the efficiency of the elements: passes (transmissions), fixed phases (crosses), finishes (shots towards goal), overtaking by dribbling (fenta), recoveries (dispossession / interception);

FRENKIE DE JONG stands out first and foremost as an extraordinary passer and a very good technician in stopping and retrieving the ball;

He threatens the gate several times, with few wrong finishes;

In one-on-one combat he excels by frequently overtaking his opponent, but also by recovering the ball through tackling or interception;

Passing the ball is the essential element of the game in general and of the coordinating midfielder in particular, an element to which FRENKIE DE JONG also showed his superiority and mastery;

Its participation in fixed moments, individual executions or automated combinations with a high degree of danger leads to maximum attack efficiency;

FLORIN TĂNASE stands out as a midfielder of medium level, but inferior to FRENKIE DE JONG in almost all the elements studied, except for one of them, namely:

- aerial play (hitting the ball with the head), determined by a special detent and height difference between the two;

The order of use of indicators in all recorded games is:

- Taking;
- miscellaneous pass;
- fixed phases;
- completions;
- overtaking by dribbling;
- Recoveries;
- Aerial game.

The weight of these indicators is maintained in all 10 matches for each of the two players, which is determined by the general requirements of the game in the middle language, for the construction and attack phase.

Conclusions

The optimal model of the coordinating midfielder is supported again this time, through this work, new data being brought for its construction.

Therefore, coaches and specialists, having these new data, will make a better selection and training of the players who evolve in that position, adapting everything to the conception and game system of their own team, as well as to the particularities and possibilities of the players.

Another conclusion from the research conducted is that: the efficiency of technical and tactical actions is determined by the creative thinking capacity of players, the higher level of development of motor qualities, the degree of appropriation, automation, mastery of the executed elements.

The level of technical training in the Romanian championship in the 10 games worse than the level of preparation in the Spanish championship. In the Spanish championship the speed of play is much higher, which causes a greater number of game actions. Both the sum of frequently used actions and their number confirm the consistency, technical and tactical repertoire of the studied players.

Carefully observing the high degree of efficiency in the executions of technical-tactical elements, we will be able to conclude that the level of physical and tactical training of each studied player is mirrored in the level of the championship he comes from.

The development of football in recent decades increasingly requires serious in-game programming of tactical and design elements. It becomes necessary for the team to act on the basis of strictly motivated actions, which determine the counteraction of adverse offensive tendencies and at the same time, create more possibilities for completion in the attack.

In the new dynamics of football, technical actions are moving towards total tacticalization.

In this sense, the game requires essential executions, which concretely means that the defender dispossesses and passes, the midfielder presses, intercepts, passes and demarches, the striker takes over, passes, penetrates, again takes over and shoots at goal.

The evolution of the game has led to continuous accumulations and changes in the performance of midfielders. From the old and well-known kick-and-run to the technique of the present, there have been spectacular leaps in the technical, tactical and psycho-physical expression of the player in midfield. The midfield requires in today's football complete players, who have a rich technical-tactical experience and an impeccable physical condition, who can effectively manifest themselves in the midfield area, thus serving the interests of the team.

In the future, it is desired to pay more attention to the coordination of the attack by selecting and specializing players capable of playing the role of coordinating midfielder.

We must also have a greater concern for programming in training specific means, capable through repetition to achieve maximum efficiency in both individual and collective expression.

Another proposal is to use the profile of the coordinating midfielder as a model in the training of players who play in this position. At the same time, we can detect certain technical and tactical deficiencies of the players who evolve in this position by reporting them to the model.

Research work will continue to find new data to complete the built model.

In general, it is desired that the means of forming and strengthening the technical and tactical discipline of the footballer in general, but also of the midfielder in particular, are related to a professional education, a perfect pedagogy, a professionalism and the exigency of the general team management framework, as well as the quality and efficiency of the training process.

In the atmosphere of daily training, the availability for integration and homogenization of players and their adherence to the requirements of tactical conception and plans is formed, a stimulating framework for initiative and creation, to serve the team and its performance.

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